

**METHODIST HIGH SCHOOL**  
**(I.C.S.E.BOARD)**

**SYLLABUS  
2025-2026  
CLASS-IX-A/B/C/D**

### ENGLISH LANGUAGE

<b>UNIT- I (20 Marks)</b>	<b>UNIT- II (20 Marks)</b>
<ol style="list-style-type: none"> <li>1. Letters- Formal and Informal- (10 Marks)</li> <li>2. Grammar - (10 Marks)                             <ol style="list-style-type: none"> <li>a) Verb Forms.</li> <li>b) Prepositions.</li> <li>c) Joining of sentences without using -And, But, So.</li> <li>d) Transformation of Sentences.</li> </ol> </li> </ol>	<ol style="list-style-type: none"> <li>1. Notice and Email- (10 Marks)</li> <li>2. Grammar- (10 Marks)                             <ol style="list-style-type: none"> <li>a) Verb Forms.</li> <li>b) Prepositions.</li> <li>c) Joining of sentences without using- And, But, So.</li> <li>d) Transformation of Sentences.</li> </ol> </li> </ol>
<b>TERM- I (80 Marks)</b>	<b>TERM- II (80 Marks)</b>
<ol style="list-style-type: none"> <li>1. Composition Writing.</li> <li>2. Letters (Formal and Informal).</li> <li>3. Notice and Email.</li> <li>4. Comprehension</li> <li>5. Grammar:-                             <ol style="list-style-type: none"> <li>a) Verb Forms.</li> <li>b) Prepositions.</li> <li>c) Joining of sentences without using- And, But, So.</li> <li>d) Transformation of Sentences.</li> </ol> </li> </ol>	<ol style="list-style-type: none"> <li>1. Composition Writing.</li> <li>2. Letters (Formal and Informal).</li> <li>3. Notice and Email.</li> <li>4. Comprehension.</li> <li>5. Grammar:-                             <ol style="list-style-type: none"> <li>a) Verb Forms.</li> <li>b) Prepositions.</li> <li>c) Joining of sentences without using- And, But, So.</li> <li>d) Transformation of Sentences.</li> </ol> </li> </ol>

### ENGLISH LITERATURE

<b>UNIT- I (20 Marks)</b>	<b>UNIT-II (20 Marks)</b>
<ol style="list-style-type: none"> <li>1. Poetry- A work of Artifice.</li> <li>2. Prose- Bonku Babu's Friend.</li> </ol>	<ol style="list-style-type: none"> <li>1. Poetry- A Doctor's Journal Entry of August 6 1945.</li> <li>2. Prose- The Home-coming.</li> </ol>
<b>TERM- I (80 Marks)</b>	<b>TERM-II (80 Marks)</b>
<b>Poetry:</b> <ol style="list-style-type: none"> <li>a) A work of Artifice.</li> <li>b) Skimbleshanks: The Railway Cat.</li> <li>c) I Remember, I Remember.</li> </ol> <b>Prose:</b> <ol style="list-style-type: none"> <li>a) Bonku Babu's Friend.</li> <li>b) Oliver asks for more.</li> <li>c) The Model Millionaire</li> </ol> <b>Play:</b>	<b>Poetry:</b> <ol style="list-style-type: none"> <li>a) A work of Artifice.</li> <li>b) Skimbleshanks: The Railway Cat.</li> <li>c) I Remember, I Remember.</li> <li>d) A Doctors Journal Entry from Aug 6 1945.</li> <li>e) The Night Mail.</li> </ol> <b>Prose:</b> <ol style="list-style-type: none"> <li>a) Bonku Babu's Friend.</li> <li>b) Oliver Asks for more.</li> <li>c) The Model Millionaire</li> </ol>

Julius Caesar by W. Shakespeare- ACT-1 FULL	d) The Home-coming. e) The Boy who broke the Bank. <b>Play:</b> Julius Caesar by W. Shakespeare- ACT-1 and 2 FULL
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## GEOGRAPHY

<b>Textbook: A textbook of ICSE Geography (IX) by Rita Rajen (Brothers Education, Spreading Knowledge/General Printers &amp; Publishers)</b>	
<b>TERM -I</b> <ul style="list-style-type: none"> <li>1. Motions of the Earth</li> <li>2. Structure and Material of the Earth</li> <li>3. Landforms of the Earth</li> <li>4. Volcanoes &amp; Earthquakes</li> <li>5. Weathering</li> </ul> <p><b>Note:</b>  <b>TERM-I question paper will cover the syllabus of U.T.I, Term-1 &amp; World Physical Map</b></p>	<b>TERM -II</b> <ul style="list-style-type: none"> <li>1. Atmospheric Pressure and Winds</li> <li>2. Humidity and Rainfall</li> <li>3. Pollution</li> <li>4. Natural Regions of the World</li> </ul> <p><b>Note:</b>  <b>TERM-II question paper will cover the ENTIRE syllabus completed during the session &amp; World Physical Map</b></p>
<b>UNIT -I</b> <ul style="list-style-type: none"> <li>1. Earth As A Planet</li> <li>2. Latitudes and Longitudes</li> <li>3. World Map- Natural Regions of the World (Equatorial, Tropical Monsoon, Black Sea, Caspian Sea, Persian Gulf, Amazon, Indus, Rockies, Andes, Tibetan Plateau)</li> </ul>	<b>UNIT -II</b> <ul style="list-style-type: none"> <li>1. Hydrosphere</li> <li>2. Earth's Atmosphere and Insolation</li> <li>3. World Map- (Tropical Desert, Mediterranean type, Hudson Bay, River Nile, River Orange, River Volga, Andes, Himalayas, Canadian Shield, Iranian Plateau)</li> </ul>
<b><u>PROJECT WORK (FILE WORK)</u></b>	
<b>Students are requested to make an informative and creative project on any ONE of the following topics:-</b>	
<ol style="list-style-type: none"> <li>1. Composition and structure of the Atmosphere</li> <li>2. Rocks and Rock Cycle</li> <li>3. Rotation and Revolution</li> <li>4. Natural Regions of the World</li> </ol>	

## HISTORY

TERM -I	TERM – II
<b>HISTORY</b>	<b>HISTORY</b>
<ol style="list-style-type: none"> <li>1. The Harappan Civilisation</li> <li>2. The Vedic Period</li> <li>3. Jainism and Buddhism</li> <li>4. The Mauryan Empire</li> <li>5. The Sangam Age</li> <li>6. The Age of the Guptas</li> <li>7. Medieval India – (A) The Cholas</li> </ol>	<ol style="list-style-type: none"> <li>8. Medieval India – (B) The Delhi Sultanate</li> <li>9. Medieval India – (C) The Mughal Empire</li> <li>10. Medieval India – (D) Composite Culture</li> <li>11. The Modern Age in Europe – (A) Renaissance</li> <li>12. The Modern Age in Europe – (B) Reformation</li> <li>13. The Modern Age in Europe – (C) Industrial Revolution</li> </ol>
<b>CIVICS</b>	<b>CIVICS</b>
<ol style="list-style-type: none"> <li>1. Our Constitution</li> <li>2. Salient features of the Constitution – I</li> <li>3. Salient features of the Constitution – II</li> </ol>	<ol style="list-style-type: none"> <li>1. Elections</li> <li>2. Local Self-Government – Rural</li> <li>3. Local Self- Government – Urban</li> </ol>
<b>UNIT TEST – I</b>	<b>UNIT TEST – II</b>
<ol style="list-style-type: none"> <li>1. The Harappan Civilisation</li> <li>2. Our Constitution</li> </ol> <p><b>Half Yearly Examination</b></p> <p><b>All chapters done in Term – I</b></p>	<ol style="list-style-type: none"> <li>1. Medieval India – (B) The Delhi Sultanate (History)</li> <li>2. Elections (Civics)</li> </ol> <p><b>Final Examination</b></p> <p><b>All the chapters done in Term – I and II</b></p>

## ENVIRONMENTAL SCIENCE

<b>Prescribed Book: : ICSE Environmental Science – IX By Amita Ganguly, Marina Publications</b>	
<b>UNIT –I</b>	<b>UNIT –II</b>
<ol style="list-style-type: none"> <li>1. Understanding Environment</li> <li>2. Living Things in Ecosystems</li> </ol>	<ol style="list-style-type: none"> <li>7. Atmosphere and Climate</li> <li>8. Soil and Land</li> </ol>
<b>TERM –I</b>	<b>TERM –II</b>
<ol style="list-style-type: none"> <li>3. How Ecosystem Works</li> <li>4. Kinds of Ecosystem</li> <li>5. Water</li> <li>6. Air</li> </ol> <p style="text-align: center;">+</p> <ol style="list-style-type: none"> <li>1. Understanding Environment</li> <li>2. Living Things in Ecosystems</li> </ol>	<ol style="list-style-type: none"> <li>9. People</li> <li>10. Urbanization</li> <li>11. Agriculture</li> </ol> <p style="text-align: center;"><b>For Final Exams all lessons (1 to 11)</b></p>

### MATHS

<u>TERM-I</u>	<u>TERM-II</u>
<ol style="list-style-type: none"> <li>1. Rational numbers and Irrational numbers</li> <li>2. Compound Interest ( Stage 1)</li> <li>3. Compound Interest (Stage 2)</li> <li>4. Triangles</li> <li>5. Expansions</li> <li>6. Factorisation</li> <li>7. Simultaneous Linear Equations</li> <li>8. Indices</li> <li>9. Logarithms</li> <li>10. Isosceles Triangles</li> <li>11. Midpoint Theorem and its converse</li> <li>12. Area and Perimeter of plane figures</li> <li>13. Solids</li> </ol>	<ol style="list-style-type: none"> <li>1. Trigonometrical Ratios</li> <li>2. Solution of Right Triangles</li> <li>3. Pythagoras Theorem</li> <li>4. Co-ordinate Geometry</li> <li>5. Graphical Solution</li> <li>6. Distance Formula</li> <li>7. Rectilinear Figures</li> <li>8. Construction of polygons</li> <li>9. Area Theorems</li> <li>10. Circle</li> <li>11. Statistics</li> <li>12. Mean and Median</li> </ol>
<u>HALF YEARLY EXAMS</u>	<u>FINAL EXAMINATION</u>
All chapters taught in TERM -I	All chapters taught in TERM -I & TERM -II

### PHYSICS

<u>TERM -I</u>	<u>TERM -II</u>
<ol style="list-style-type: none"> <li>1. Measurements and Experimentation</li> <li>2. Motion in one dimension</li> <li>3. Laws of motion</li> <li>4. Pressure in fluids and Atmospheric Pressure</li> <li>5. Upthrust in fluids, Archimedes Principle and Floatation</li> </ol>	<ol style="list-style-type: none"> <li>1. Heat and energy</li> <li>2. Reflection of light</li> <li>3. Propagation of sound waves</li> <li>4. Current Electricity</li> <li>5. Magnetism</li> </ol>
<b><u>FINAL EXAMINATION: ALL CHAPTERS</u></b>	
<b><u>TAUGHT IN TERM -I AND TERM -II</u></b>	

### CHEMISTRY

<u>UNIT -I</u>	<u>UNIT -II</u>
<ol style="list-style-type: none"> <li>1. Language of Chemistry</li> <li>2. Chemical Reaction</li> </ol>	<ol style="list-style-type: none"> <li>1. Study of Hydrogen</li> <li>2. Periodic Table</li> </ol>
<u>TERM -I</u>	<u>TERM -II</u>
<ol style="list-style-type: none"> <li>1. Language of Chemistry</li> <li>2. Chemical Reaction</li> <li>3. Atomic Structure and Chemical Bonding</li> </ol>	<ol style="list-style-type: none"> <li>1. Language of Chemistry</li> <li>2. Chemical Reaction</li> <li>3. Atomic Structure and Chemical Bonding</li> </ol>

4. Periodic Table 5. Water	4. Periodic Table 5. Water 6. Study of Hydrogen 7. Study of Gas Laws 8. Practical Work
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### BIOLOGY

<b>Prescribed Book: Concise Biology (Selina Publishers)</b>	
<b>UNIT -I</b>	<b>UNIT -II</b>
1. Cell: The unit of life 2. Plant and Animal Tissues 3. The Flower 4. Pollination and Fertilization	1. Nutrition 2. Digestive System 3. Skeleton: Movement and Locomotion 4. Skin: The Jack of All Trades 5. Respiratory System
<b>TERM-I</b>	<b>TERM-II</b>
1. Seeds 2. Respiration in Plants 3. Five Kingdom Classification 4. Economic Importance of Bacteria and Fungi + 5. Cell: The unit of life 6. Plant and Animal Tissues 7. The Flower 8. Pollination and Fertilization	1. Hygiene: a Key to Healthy Life 2. Diseases: Cause and Control 3. Aids to Health 4. Health Organizations 5. Waste Generation and Management + 6. Nutrition 7. Digestive System 8. Skeleton: Movement and Locomotion 9. Skin: The Jack of All Trades 10. Respiratory System

### COMPUTER APPLICATION

<b>UNIT -I</b>  <b>(20 Marks)</b>	<b>UNIT -II</b>  <b>(20 Marks)</b>
1. Values & Data Types & errors. 2. Operators and Expressions in Java. 3. Input in Java( Scanner Classes)	1. Introduction to Object Oriented Programming Concept. 2. Iterative constructs in Java. (Non nested Loops or Iteration) 3. Nested Iteration in Java (For loop only)
<b>TERM -I</b>  <b>Total 70 marks- Theory Paper+ 30 Marks</b>	<b>TERM -II</b>  <b>(Total 70 marks- Theory Paper+ 30 Marks Practical)</b>

<b>Practical)</b>	
Values & Data Types & errors. 1. Operators and Expressions in Java. 2. Input in Java( Scanner Classes) 3. Mathematical Library Methods. 4. Conditional construct in Java.( Decision making Statements) <b>(30 Marks Practical)</b>	1. Introduction to Object Oriented Programming Concept. 2. Elementary concept of Objects and Classes 3. Iterative constructs in Java. (Non nested Loops or Iteration) 4. Nested Iteration in Java (For loop only) 5. Computing & Ethics.

### HINDI-1 (LANGUAGE)

<b>TERM -I</b>	<b>TERM -II</b>
1. निर्बंध -4 2. पत्र – औपचारिक-2, अनौपचारिक-2 3. कहानी-2 4. चित्र – लेखन -2 5. अपठित गद्यांश -2 6. विलोम शब्द – 1 – 68 [अंधकार से उचित] 7. पर्यायवाची – 1 – 35 [अकस्मात् से कमल] 8. विशेषण बनाना – [अंत से धनिष्ठता] 9. भाववाचक बनाना – जातिवाचक से भाववाचक बनाना – 10. सर्वनाम से भाववाचक बनाना [अतिथि से स्व] 11. तद् भव – तत्सम शब्द – 1 – 40 [लाख से आंवला] 12. वाक्यांश के लिए एक शब्द – 1 – 33 13. मुहावरे – 1 – 40 14. लोकोकित – 1 – 20 15. शुद्ध व अशुद्ध शब्द – 1 – 32 [अनुग्रह से उपलक्ष्य] 16. वाक्य परिवर्तन	1. निर्बंध-4 2. पत्र – औपचारिक-2, अनौपचारिक-2 3. कहानी-2 4. चित्र – लेखन-2 5. अपठित गद्यांश-2 6. विलोम शब्द – 69 – 140 [उपकार से धर्मात्मा] 7. पर्यायवाची – 36 – 68 [कर्म के किनारा] 8. तद् भव – तत्सम शब्द – 41 – 70 [उलाहना से लुनाई ] 9. शुद्ध व अशुद्ध शब्द – 33 – 70 [उदघाटन से दुनिया] 10. वाक्यांश के लिए एक शब्द – 34 – 69 11. मुहावरे – 41 – 80 12. लोकोकित – 21 – 40 13. विशेषण से भाववाचक – [अमीर से मिठास] pg – 253 14. संज्ञा से विशेषण [घमण्ड से प्रतीक्षा] pg – 256 15. वाक्य-परिवर्तन

### HINDI-2 (LITERATURE)

<b>TERM -I</b>	<b>TERM -II</b>
<u>कविता</u> <ol style="list-style-type: none"> <li>1. साखी</li> <li>2. स्वर्ग बना सकते हैं।</li> <li>3. गिरिधर की कुँडलियाँ</li> </ol> <u>कहानी</u> <ol style="list-style-type: none"> <li>1. बात अठनी की</li> <li>2. काकी</li> <li>3. महायज्ञ का पुरस्कार</li> </ol>	<u>कविता</u> <ol style="list-style-type: none"> <li>1. वह जन्मभूमी मेरी</li> <li>2. मेघ आए</li> <li>3. सूर के पद</li> <li>4. चलना हमारा काम है</li> </ol> <u>कहानी</u> <ol style="list-style-type: none"> <li>1. नेताजी का चश्मा</li> <li>2. अपना अपना भाग्य</li> <li>3. बड़े घर की बेटी</li> <li>4. दो कलाकार</li> </ol>

### COMMERCIAL APPLICATION

<b>TERM-I</b>	<b>TERM-II</b>
<ol style="list-style-type: none"> <li>1. Introduction to commercial organisations</li> <li>2. Ownership structures- sole proprietorship and Joint Hindu family business</li> <li>3. Ownership structures- partnership</li> <li>4. Ownership structures- Joint stock company</li> <li>5. Ownership structures- Cooperative society</li> <li>6. Public sector enterprises</li> <li>7. Functioning of a commercial organisation</li> <li>8. Communication in a commercial organisation</li> </ol>	<ol style="list-style-type: none"> <li>9. Ways of communicating</li> <li>10. Tools of communication</li> <li>11. Nature and Terminology of accounting</li> <li>12. Accounting records</li> <li>13. Natural resources</li> <li>14. Depletion of resources</li> <li>15. Practices for conservation of resources</li> <li>16. Industrial pollution and degradation of environment.</li> </ol>
<b>UNIT -I</b>	<b>UNIT -II</b>
<ol style="list-style-type: none"> <li>1. Introduction to commercial organisations</li> <li>2. Ownership structure- sole proprietorship and Joint Hindu family business</li> </ol>	<ol style="list-style-type: none"> <li>1. Ways of communicating</li> <li>2. Tools of communication</li> </ol>

## FRENCH

### Suggested textbooks for French

**Point de départ: Herbert F. Collins, Mac Millan.**

**En Avant: Herbert F. Collins, Mac Millan.**

**Allons Redecouvrir le Français: A. Mugve**

UNIT -I	UNIT -II
<ol style="list-style-type: none"> <li>1. Les rédactions:                             <ol style="list-style-type: none"> <li>a) Les vacances,</li> <li>b) L'environnement</li> </ol> </li> <li>2. Les lettres informelles:                             <ol style="list-style-type: none"> <li>a) à correspondant français,</li> <li>b) à votre cousin / cousine.</li> </ol> </li> <li>3. La traduction: (par français en anglais)</li> <li>4. La compréhension.</li> <li>5. La grammaire:                             <ol style="list-style-type: none"> <li>a) temps: le présent, le passé composé, le futur simple</li> <li>b) Les féminins</li> <li>c) Les pluriels</li> <li>d) Formez les phrases avec des mots.</li> </ol> </li> </ol>	<ol style="list-style-type: none"> <li>1. Les rédactions:                             <ol style="list-style-type: none"> <li>a) La politique</li> <li>b) le monde interculturel</li> </ol> </li> <li>2. Les lettres informelles:                             <ol style="list-style-type: none"> <li>a) à votre meilleur ami</li> <li>b) à votre correspondant français</li> </ol> </li> <li>3. La traduction: (par français en anglais)</li> <li>4. La compréhension.</li> <li>5. La grammaire:                             <ol style="list-style-type: none"> <li>a) Les temps: le passé composé, le futur antérieur</li> <li>b) Les pronom rélatif</li> <li>c) Les pronom personnel</li> <li>d) Formez les phrases avec des mots.</li> </ol> </li> </ol>
TERM -I	TERM -II
<ol style="list-style-type: none"> <li>1. Les rédactions:                             <ol style="list-style-type: none"> <li>a) La santé</li> <li>b) les loisirs</li> <li>c) les nouvelles technologies</li> </ol> </li> <li>2. Les lettres informelles:                             <ol style="list-style-type: none"> <li>a) à correspondant indien</li> <li>b) à vos parents</li> </ol> </li> <li>3. La traduction: (par français en anglais)</li> <li>4. La compréhension.</li> <li>5. La grammaire:                             <ol style="list-style-type: none"> <li>a) Les temps: le présent, le futur proche, le passé récent.</li> <li>b) Le pronom personnel</li> <li>c) Le pronom rélatif (simple et composé)</li> <li>d) Formez les phrases avec des mots.</li> </ol> </li> </ol>	<ol style="list-style-type: none"> <li>1. Les rédactions:                             <ol style="list-style-type: none"> <li>a) Les médias</li> <li>b) La société</li> <li>c) le système éducatif</li> </ol> </li> <li>2. Les lettres informelles:                             <ol style="list-style-type: none"> <li>a) à votre professeur</li> <li>b) à votre cousin</li> <li>c) à ami français</li> </ol> </li> <li>3. La traduction: (par français en anglais)</li> <li>4. La compréhension.</li> <li>5. La grammaire:                             <ol style="list-style-type: none"> <li>a) Les temps: l'imparfait, le passé composé le plus que parfait</li> <li>b) Le pronom rélatif</li> <li>c) Le pronom personnel</li> <li>d) Formez les phrases avec des mots.</li> </ol> </li> </ol>

## ECONOMICS

<b>TERM -I</b>	<b>TERM -II</b>
<ol style="list-style-type: none"> <li>1. Introduction to Economics</li> <li>2. Basic Economic Entities in an Economy</li> <li>3. Basic Concepts of Economics <b>(Unit 1)</b></li> <li>4. Types of Economies</li> <li>5. Basic Problems of An Economy</li> <li>6. Main Sectors of Indian Economy</li> </ol>	<ol style="list-style-type: none"> <li>7. Primary Sector: Agriculture <b>(Unit 2)</b></li> <li>8. Secondary Sector: Industry <b>(Unit 2)</b></li> <li>9. Tertiary Sector</li> <li>10. Poverty in India</li> <li>11. Problems of Unemployment in India</li> <li>12. LPG Model (New Economic Policy)</li> <li>13. Emerging Trends in the Indian Economy</li> </ol>

*\*Second term also includes chapters of First Term.*

## PHYSICAL EDUCATION

<b>TERM.1</b>	<b>THEORY</b>	<b>Max. Marks[100]</b>
<b><u>SECTION A</u></b>		
<b>Chapter.1</b> THE HUMAN ANATOMY AND PHYSIOLOGY		
<b>Chapter.2</b> THE MUSCULAR SYSTEM		
<b>Chapter.3</b> THE RESPIRATORY SYSTEM		
<b>Chapter.4</b> THE CIRCULATORY SYSTEM		
<b><u>SECTION B</u></b>		
<ol style="list-style-type: none"> <li>1. CRICKET (1-10 LAWS OF CRICKET)</li> <li>2. FOOTBALL (1-10 LAWS OF FOOTBALL)</li> </ol>		
<b>PROJECT ON CRICKET AND FOOTBALL</b>		
<b>PRACTICAL ASSESSMENTS</b>		<b>[100 MARKS]</b>
PUSH UPS/ SIT UPS/ STANDING JUMP/ SHUTTLE RUN/ 50 METRE SPRINT/ Distance Run 600 METRE GIRLS-1000 METER BOYS/ SPECILISATION TESTS ON ANY TWO GAMES		
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<b>TERM.2</b>		
<b><u>Section A [Revised syllabus from X]</u></b>		

**Chapter.1** HUMAN GROWTH AND DEVELOPMENT

**Chapter.2** MEANING AND OBJECTIVES OF PHYSICAL EDUCATION.

**Chapter.3** BODY TYPES

**Chapter.4** MEANING, COMPONENTS AND FACTORS OF PHYSICAL FITNESS.

INCLUDED EFFECTS OF EXERCISE ON SKELETAL, MUSCULAR, RESPIRATORY & CIRCULATORY SYSTEMS.

### Section B

#### **1. CRICKET - LAWS 1-20 OF CRICKET**

##### **Terminology**

Maiden over, Hat trick, Extra, Dead rubber, Seam bowling, Over, No ball, Bouncer, Sight screen, Bump ball, Danger area, Power play, Overthrow, Declaration, Appeal, Bodyline Bowling, Dot ball, Substitute, Dead ball, Ball-tampering, Century, Follow-on, Golden duck, Nick, Nightwatchman, Tailender, Pull shot, Innings defeat, Cover drive, Innings, Straight drive, Sweep shot, Hook shot, Reverse sweep, Upper cut, Late cut, Leg glance, Pull shot, Flick shot, Beamer, Off cutter, Leg cutter, Short pitch, Full length delivery, Reverse swing,

##### **1. National and International governing bodies of Cricket**

- a) BCCI - Board of Control for Cricket in India
- b) ICC - International Cricket Council

##### **2. National and International tournaments**

- a) **National Tournament:** Ranji Trophy, Duleep Trophy, Vijay Hazare Trophy, Deodhar Trophy, Irani Trophy, Indian Premier League.
- b) **International Tournaments:** ICC Cricket World Cup, ICC champions Trophy, ICC World T20

#### **2. FOOTBALL -LAWS 1-20 OF FOOTBALL**

##### **Terminology**

Advantage, Zonal marking, Sliding Tackle, Through pass, Quarter Circle, Man to Man Marking, Additional time, Extra time, Nutmeg, One-on-one, Step over, Technical area, Volley, Half Volley, Attacker, Defender, Chip, Cross, Overlap, Lob, Banana Kick, Bicycle Kick, Wall Pass, Goal line technology (GLT)

##### **1. National and International Governing Bodies**

- a) AIFF - All India Football Federation
- b) FIFA - Federation Internationale de Football Association
- c) IFAB - International Football Association Board

## **2. National and International Tournaments**

- a) National Tournaments: Santosh Trophy, Subroto Cup, Federation Cup, Durand Cup, I – League
- b) International Tournaments: FIFA World Cup, UEFA European Championship, AFC Cup

### **PROJECT ON CRICKET AND FOOTBALL**

**PRACTICAL ASSESSMENTS**                           **[100 MARKS]**

PUSH UPS/ SIT UPS/ STANDING JUMP/ SHUTTLE RUN/ 50 METRE SPRINT/ Distance Run 600 METRE  
GIRLS-1000 METER BOYS/ SPECILISATION TESTS ON ANY TWO GAMES

**NOTE- EVERY FRIDAY-PRACTICAL PERIODS - STUDENTS TO COME STRICTLY IN THE  
P.ED. UNIFORM**

**PRINCIPAL  
METHODIST HIGH SCHOOL  
KANPUR**